



## The Equus Leadership and Team-Building Experience

**Are you ready for a different kind of Leadership or Team Building Experience?  
How about a day outdoors with horses as co-facilitators?**

**Renee Sievert** specializes in leadership and team development and assisting organizations to manage change. Renee's Equus workshops include a unique way for clients to assess self-awareness, leadership presence, communication skills, and team dynamics through interactive activities with horses. An author, speaker, and consultant with over 30 years of experience working in and with agencies and organizations, Renee is also a Registered Nurse, a Marriage and Family Therapist (MFT), a Master Certified Coach, and a Master Equus Facilitator.

Renee is a Certified Daring Way™ and Rising Strong Facilitator, a qualified provider of Gallup's Strength Based Leadership assessment, the VIA Pro: Character Strengths assessment, and certified in the Leadership Circle Profile™ 360 assessment and the Leadership Circle System of leadership development (Leader-to-Leader).

In addition to her work nationwide with **Sievert Services** and **the P.Link Coaching Center for Excellence**, Renee is on the faculty of San Diego State's Academy of Professional Excellence and UC Davis's Northern Training Academy. She was honored in 2009 at the Tribute to Women in Industry (TWIN) in San Diego, CA.

### Why Horses?

Horses are prey animals and are constantly evaluating their environment for safety. They seek safety and unity among the herd. They communicate nonverbally, resolve conflict quickly and effectively, and because they don't use language, they don't operate out of assumptions or carry baggage like human beings. They have a lot to teach us about leadership and teamwork.

Through a unique combination of horse feedback and coach guidance, participants will notice an immediate shift in the way they communicate and connect with themselves and others. Team members will uncover their unique strengths and style – and also discover ineffective patterns or places where they are stuck. Participants will create shifts in their patterns and leave knowing what it means **to experience congruent leadership and teamwork and be able to communicate in a brand new way!**

### Objectives:

- Have fun learning with colleagues outdoors and in nature
- Practice leadership and communication skills in a round pen 1:1 with a horse
- Experience the concept of a 1-degree shift and how that impacts your outcomes individually and as a team
- Participate in activities designed to positively impact cooperation, communication and clarity within a team

Interested in learning more about designing and scheduling an Equus Workshop at Kierson Farm?

Contact:

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Equus Leadership Video: <https://vimeo.com/132615722>